

On Channeling

What is a channeled text? "Channeling, in all its many forms, is the larger cosmos attempting to communicate with one very stubborn and talented species, the species stretched between a physical body and pure Mind." If we can allow ourselves to entertain the possibility there could be such a realm, non material and deeply intelligent, we might be able to receive life-changing and perhaps world-saving advice for turning around imminent catastrophe.

Radical, dramatic change is upon us. Can we learn to respond skillfully? Can we turn the changes, the new energies, into life-giving and life-preserving opportunities? That is surely the task of our generation.

These channeled teachings help us to understand how our world today is saturated by fear, and that our deep fears limit our mental and emotional awareness, block our recognition of our complete interdependence with all other beings, and prevent us from living fully conscious, free, and creative lives. The teachings address climate change, global poverty, societies wracked by civil violence, and global economies surging out of human control. And they offer simple instructions for diluting our own fears, opening our minds to richer horizons of consciousness, and making peace with ourselves and each other.